Correct Toes Modifications

Correct Toes are designed to be adaptable and customizable. Use the following modifications to optimize fit and increase comfort.

**Irritation + Rubbing**

- Wear toe socks to create a barrier between your skin and the Correct Toes.
- Use the Shoe Liner Test™ to ensure footwear fit Correct Toes.

*Try these first before making modifications.

Reference the following modifications to trim away bothersome material.

**Too Much Pinky Spread**

Start by cutting off half the pinky spacer.

If irritation persists, cut off the remaining pinky spacer.

**Correct Toes Sliding Off**

Start by wearing toe socks or regular socks.

Trim big toe and/or pinky toe spacer to allow Correct Toes to slide further on.

**Corn**

Apply Moleskin to affected area.

If irritation persists, cut a small hole in Correct Toes over affected toe.

**Bunion + Tailor’s Bunion**

What is a shim?

A shim is any soft, flexible material that can be used to spread or widen the hollow cavity within the Correct Toes pylons. Try cutting out a piece of an old shoe liner and inserting it into the slot.

Use a pair of tweezers to add a shim in the needed Correct Toes slot.

*Only add the shim after 3–4 months of regular Correct Toes use.

**Too Tight on Toes**

First, try a larger size.

Cut a small hole on the top and/or bottom for extra elasticity.

**Hammertoes**

Start by cutting a small hole in the Correct Toes over your hammertoe.

If additional elasticity is needed, then trim away part of the top interspace.

**Webbed Toes**

Trim away a portion or entirely remove the spacer where it conflicts with webbed toes.

**Large Size Modification**

Trim the middle pylons to avoid irritation on the ball of the foot or base of the toes.